

# BURNPUR RIVERSIDE SCHOOL, BURNPUR

ASSESSMENT STRUCTURE FOR THE ACADEMIC SESSION 2023 - 2024

**CLASS : VII**

<b>A)</b>	<b>TERM – I : 100</b>	<b>PA = 20(*PT 10,PORTFOLIO -5,SUB EN -5) + HALF YEARLY - 80</b> <b>C.SC - PT-10 + PORTFOLIO -10 + PRACTICAL -30 + THEORY - 50</b>
	<b>TERM – II : 100</b>	<b>PA = 20(*PT 10, PORTFOLIO -5,SUB EN -5) + ANNUAL – 80</b> <b>C.SC - PT-10 + PORTFOLIO -10 + PRACTICAL -30 + THEORY – 50</b>
<b>PT (Pen &amp; Paper Test : 10)</b>		

<b>B) PORTFOLIO SUBMISSION</b>		
ASSIGNMENT COMPLETION (10)	<b>F.M. - 20</b>	<b>TEACHERS WILL BE REQUIRED TO ENTER ACTUAL MARKS (NOT ROUNDED OFF) AS PER ANNEXURE-11</b>
REGULARITY (5)		
NEATNESS & UPKEEP OF PORTFOLIO (5)		

<b>C) MARKS TO BE ENTERED IN TERM-I AND TERM-II</b>				
SUBJECT	SUBJECT ENRICHMENT ACTIVITIES	TOTAL MARKS		TEACHERS WILL BE REQUIRED TO ENTER MARKS OUT OF 10 IN TERM - I & 10 IN TERM – II FOR ALL STUDENTS EXCEPT MATHEMATICS FOR MATHEMATICS TERM I-10 TERM II-20
		TERM-I	TERM-II	
ENGLISH	LISTENING & SPEAKING SKILLS (Term I & Term-II) A.I Project – Term II	10 MARKS	10 MARKS+10 MARKS	
2ND LANGUAGE	LISTENING & SPEAKING SKILLS (Term I & Term-II) A.I Project – Term II	10 MARKS	10 MARKS+10 MARKS	
SCIENCE	SCIENCE CLUB (Term I & Term-II) A.I Project – Term II	10 MARKS	10 MARKS+10 MARKS	
MATHEMATICS	MATHS LAB PRACTICAL (Term I & Term II) A.I Project - Term II	10 MARKS	10 MARKS+10 MARKS	
SOCIAL SCIENCE	MAP WORK & PROJECT WORK (Term I & Term-II) A.I Project – Term II	10 MARKS	10 MARKS+10 MARKS	
3RD LANGUAGE	LISTENING & SPEAKING SKILLS (Term I & Term-II) A.I Project - Term II	10 MARKS	10 MARKS+10 MARKS	
COMPUTER	PRACTICAL	30 MARKS	30 MARKS	

<b>D) CO-SCHOLASTIC</b>			
SUBJECT	<b>STUDENTS WILL BE ASSESSED ON A 3 POINT SCALE TWICE IN A SESSION (TERM-I &amp; TERM-II)</b>	SYLLABUS	<b>MARKS TO BE ENTERED BY CLASS TEACHER AND CONCERNED SUBJECT TEACHERS TOGETHER IN TERM-I &amp; TERM-II OUT OF 15</b>
ART EDUCATION (A.E 1)		<b>AS PER SPLIT-UP OF SYLLABUS</b>	
HEALTH & PHYSICAL EDUCATION			
<b>PART - 3 : DISCIPLINE (To be assessed on a 3 point scale Twice in a Session TERM -I &amp; TERM-II)</b>			<b>MARKS TO BE ENTERED BY CLASS TEACHER IN TERM -I &amp; TERM -II OUT OF 15</b>

**WEIGHTAGE OF QUESTION PAPER FOR DIFFERENT  
SUBJECTS AND CLASSES ARE AS FOLLOWS :**

**CLASS - VII :**

SUBJECTS	PT-1	PT-3	TIME FOR PT-1 & PT-3	HALF YEARLY	ANNUAL	TIME FOR HYLY/ANNUAL
ENGLISH	40	40	1.5 Hrs.	80	80	3 Hrs.
SCIENCE (PHYS) SEC-A	13	13	1.5 Hrs.	80	80	3 Hrs.
SCIENCE (CHEM) SEC-B	13	13				
SCIENCE (BIO) SEC-C	14	14				
SO. SCIENCE (HIST & CIVICS) SEC-A	20	20	1.5 Hrs.	80	80	3 Hrs.
SO. SCIENCE (GEOG) SEC-B	20	20				
MATHEMATICS	40	40	1.5 Hrs.	80	80	3 Hrs.
L2	40	40	1.5 Hrs.	80	80	3 Hrs.
L3	40	40	1.5 Hrs.	80	80	2 Hrs.
COMPUTER SC. (TH)	40	40	1 Hr.	50	50	1 Hr.

**SYLLABUS FOR ALL EXAMINATIONS WILL BE  
AS PER SPLIT-UP SYLLABUS**

## CRITERIA FOR PROMOTION

Class	CRITERIA
PRE-NUR. TO V	CBSE guidelines will be followed for promotion to the next higher class.
VI TO VIII	<b>Subjects : English, 2<sup>nd</sup> Language, 3<sup>rd</sup> Language, Mathematics, Science &amp; Social Science</b>
	<b>a. The following weightage will be considered for preparation of TERM I result :</b> TERM I [P.T (10 marks) + PORTFOLIO submission (05 marks) + Subject Enrichment Activity (05 marks) + Half Yearly Examination (80 marks)].
	<b>b. The following weightage will be considered for preparation of TERM II result :</b> TERM II [P.T (10 marks) + PORTFOLIO submission (05 marks) + Subject Enrichment Activity (05 marks) + Annual Examination (80 marks)].
	c. CBSE guidelines will be followed for promotion to the next higher class.

## SUBJECT - ENGLISH

**Text Books :** 1. A New Leaf - Book - 7 (Revised)  
2. Arrow Perfect Grammar - Book - 7

MONTH	W.D.	COURSE CONTENT	Sl. No.	ARTS INTEGRATED ACTIVITY	LEARNING OUTCOMES
April	21	1. The Louse and The Mosquito 2. The School for Sympathy 3. Grammar : Ch. 1 : Sentences Ch. 2 : Articles Writing Skills	A	Role Play	Students learn - 1. To appreciate poetry, the art of recitation, decipher and comprehend the inherent message in the text and critically appreciate the poem/its characters. 2. To read, comprehend and extrapolate beyond text, analyze characters, themes & analyze plot. 3. To construct meaningful sentences, learn the usage of articles in language, write formal & informal letters, descriptive passages, diary entry, article & speech to demonstrate correspondence skills for the target audience.
May	12	1. Where Have The Girls Gone? 2. Grammar:- Ch- 3 : Nouns Ch- 4 : Pronouns	B	Poster Making/ Painting	Students will be able to – Read, comprehend and extrapolate beyond text, appreciate characters, themes and analyze plot, learn to identify nouns and pronouns.
June	13	1. Where Have The Girls Gone? (Contd.) 2. Grammar : Ch- 5. Adjectives Writing Skills	C	Poster Making/ Painting	Students will be able to – Read and appreciate poetry, learn the art of recitation, analyze and interpret inherent themes, messages and symbolism in the poem; learn the proper usage of adjectives in language; learn to express oneself creatively through writing.
<b>REVISION AND PT - 1</b>					
<b>PT - 1</b>					
July	24	1. Three Dancing Goats 2. Gypsies 3. Grammar : Ch- 6 : Verbs – Present Tense Ch- 7 : Verbs – Past Tense Writing Skills	D	Slide Show/ Power Point Presentation Story Telling Infographic Making Chart	Students learn – 1. To appreciate prose and poetry, learn the essential characteristics of the plot and genre, identify literary devices, themes and comprehend text by relating it to real life. 2. Comprehend text by relating it to real life. 3. Comprehend, identify and learn the function of verbs in sentence construction and of its tenses. 4. Learn to express oneself freely and creatively through writing
August	23	1. On Television 2. Grammar- Ch- 8 : Verbs – Future Tense Ch- 9 : Verbs – Finite And Non-Finite Writing Skills	E	Poster Making Talks	Students learn – 1. To appreciate poetry, become aware of the healthier and more beneficial alternatives to watching T.V. 2. The usage of verbs in future tense. 3. Learn to express freely and creatively through writing.

MONTH	W.D.	COURSE CONTENT	Sl. No.	ARTS INTEGRATED ACTIVITY	LEARNING OUTCOMES	
<b>HALF YEARLY EXAM</b>						
September	25	1. The Sparrow's Revenge 2. Grammar : Ch-10 : Modals Ch-11 : Active/Passive Voice Ch-12 : Direct/Indirect Speech Writing Skill	F	Story Telling/ Role Play	Students learn – 1. To analyze character, themes and plot, care about the animal kingdom in general and birds in particular, learn moral conduct and good behaviour. 2. The use of modal verbs, change of voice, direct and indirect speech in English grammar. 3. To write speeches, letters, diary entries, passages, articles, etc. using coherent thought; express and communicate freely.	
October	16	1. Bow Before A Hat 2. Grammar - Ch-13:Conditional Sentences Ch-14:Adverbs Writing Skills.	G	Slide show/ Video Presentation Talks	Students will be able to- 1. Read, comprehend and extrapolate beyond text, will be introduced to Switzerland's folklore, culture and political history and learn to appreciate world literature. 2. The function and kinds of conditional sentences, usage of adverbs in language, write freely using creative expression.	
November	20	1. The Railway Junction 2. The Little Match Girl 3. Grammar : Ch-15 : Prepositions Writing Skills	H	Sketching	Students learn to- 1. Appreciate poetry, interpret theme, identify poetic devices used and derive inherent message in the poem such as the transient nature of life. 2. Read, comprehend and extrapolate beyond text, identify and interpret theme, plot and incidents in the text. 3. Use of prepositions in language. 4. To write freely using creativity and coherent thought.	
December	19	1. Apples from Kashmir 2. Grammar : Ch - Vocabulary	I	Document Making	Students learn to – 1. Appreciate prose, interpret & comprehend ideas in the text. 2. Use new words and improve their English Vocabulary.	
<b>REVISION AND PT - 3</b>						
January	22	1. The Frog Princess. 2. Grammar- Ch – Vocabulary Writing Skills	J	Role Play	Students learn to -- 1. Read, comprehend and extrapolate beyond text, appreciate plot and character and interpret inherent themes in the text. 2. To use new words in English language. 3. Writing informal and formal letters, descriptive passages, diary entry, article, speech, etc in order to demonstrate correspondence skills for the target audience.	
February	24	<b>REVISION</b>				
<b>ANNUAL EXAM</b>						
March	25	-----		-----	-----	

**Note :** The following are to be studied along with the study of literature.

1. Unseen Passage for Comprehension (Objective Type, MCQs, SAQs and Vocabulary) Comprehension –Case Based, Discursive & literary
2. Writing : Formal Letters, Descriptive Passage, Diary Entry, Article and Speech Writing .
3. Grammar : Cloze Passage, Gap Filling, Sentence Reordering, Dialogue Writing, Editing, Omission.

**Portion for PT-1 : Sl. No. : A, B, C**

**Portion for Half Yearly Exam : Sl. No. : A, B, C, D, E**

**Portion for PT-3 : Sl. No. : F, G, H, & some significant portion from Sl. No. : A to E (The School for Sympathy)**

**Portion for Annual Exam : Sl. No. : "F to J" and 20% of Half Yearly (Sl. No. : A to E)**

**(Poem – Gypsies, Text – Three Dancing Goats)**

## SUBJECT - ENGLISH CURSIVE WRITING

**Text Book :** A New Leaf - Book - 7 (Revised)

MONTH	W.D.	COURSE CONTENT	LEARNING OUTCOMES
April	21	Ch. 1 : The Louse and The Mosquito (Pg. : 9 – 11)	Students will learn the art of writing in cursive hand
May	12	Ch. 2 : The School for Sympathy (Pg- 20-23)	Students will learn the art of writing in a better handwriting
June	13	Ch. 3 : Where Have the Girls Gone? (Pg- 31)	Students will learn the art of writing in cursive hand, maintaining proper punctuation marks whenever required.
July	24	Ch. 5 : Gypsies (Pg- 53)	Students will learn the art of writing in cursive hand
August	23	Ch. 7 : On Television (Pg- 68-71)	Students will have a better understanding of how to enhance their handwriting
September	25	Ch. 8 : The Sparrow's Revenge (Pg- 80-83)	Students will learn the art of cursive writing, keeping in mind the proper use of space and punctuation marks
October	16	Ch. 9 : Bow Before A Hat (Pg- 89-91)	Students will learn the art of writing in cursive hand
November	20	Ch. 10 : The Railway Junction ( Pg- 96-97) Ch. 11 : The Little Match Girl (Pg- 104-106)	Students will have an improved hand writing
December	19	Ch. 12 : Apples From Kashmir (Pg- 111-113)	Students will learn the art of cursive writing
January	22	Ch. 14 : The Frog Princess (Pg- 131- 132)	Students will learn art of writing in cursive hand
February	24	-----	
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March	25	-----	

## SUBJECT - ENGLISH ALS

**Text Book :** A New Leaf - Book - 7 (Revised)

MONTH	W.D.	COURSE CONTENT	LEARNING OUTCOMES
<b>April</b>	21	Listening : The Louse and The Mosquito Speaking : Topic Presentation	Enhanced auditory perception, ability to grasp, idea, interpret and extract relevant information by leaning, improved knowledge of the correct pronunciation of English words. Students will learn the art of formal speaking by expressing their thoughts.
<b>May</b>	12	Where Have the Girls Gone? (Speaking Activity on central idea of the poem)	Students learn – (1) Interactive competence (Initiation and turn taking relevance to the topic) (2) Fluency (Cohesion, coherence, speed of delivery) (3) Pronunciation (4) Vocabulary
<b>June</b>	13	Newspaper clippings/ articles/passages from magazines and other sources (Listening)	Students learn – (1) To process and analyse data by hearing, comprehend and extract useful information.
<b>July</b>	24	'Three Dancing Goats' and 'Gypsies' (Listening) Speaking : Self Introduction	Students learn – (1) Interactive competence (2) Improve Vocabulary (3) Art of Pronunciation and accent.
<b>August</b>	23	Listening : On Television Speaking : Topic Presentation	Students learn – (1) To comprehend oral/ recorded presentations (2) Extract relevant information (3) Learn the art of vocabulary and grammar
<b>September</b>	25	<b>HALF YEARLY EXAM</b>	
		Listening : The Sparrow's Revenge Speaking : Topic Presentation	Students will learn the art of formal speaking, pronunciation and accent by expressing their thoughts coherently
<b>October</b>	16	Speaking : Introducing yourself	Students will learn to assimilate and express their ideas coherently through the art of formal speaking
<b>November</b>	20	Listening : The Little Match Girl Speaking : Topic Presentation	Student learn – Enhanced auditory perception, ability to grasp ideas and concepts, interpret and extract relevant information by hearing. Students learn the art of speaking coherently and freely
<b>December</b>	19	Listening : Apples from Kashmir Speaking : Topic Presentation on relevant theme in 'Apples from Kashmir'	Students learn to listen, comprehend and extract useful information from informations presented orally
<b>January</b>	22	Listening : The Frog Princess Speaking : Topic Presentation	Students learn to improve vocabulary, better cognition, ability to interpret and extract information from source. Students will learn the art of formal speaking
<b>February</b>	24	<b>ANNUAL EXAM</b>	
<b>March</b>	25	-----	----

# SUBJECT - MATHEMATICS

**Text Books :** 1. MATHEMATICS FOR CLASS - 7  
2. PRACHI MATHEMATICS LAB ACTIVITY BOOK - 7

MONTH	W.D.	COURSE CONTENT	MATHS LAB ACTIVITY	Sl. No.	ARTS INTEGRATED ACTIVITY	LEARNING OUTCOMES
April	21	Integers, Decimals, Percentage	Activity No. 1	A	Sketching	Application of algorithm for Multiplication and Division
May	12	Bar graphs, Probability, Percentage	Activity No. 3	B	Sketching	
June	13	Probability	Activity No. 4A	C	Role Play	
<b>REVISION AND PT - 1</b>						
<b>PT - 1</b>						
July	24	Algebraic Expressions, Linear Equations in one variable, 3D shapes	Activity No. 4B	D	Role Play	Properties of power & exponents
August	23	Fractions, Rational Numbers, Lines and Angles	Activity No. 4C	E	Flyer Art	
<b>HALF YEARLY EXAM</b>						
September	25	Exponents, Simple Interest	Activity No. 7A	F	Role Play	Simple Equation Statistical Idea
October	16	Ratio and Proportion	Activity No. 8	G	Role Play	
November	20	Properties of Parallel Lines, Collection and Organisation of Data (Mean, Median)	Activity No. 11	H	Sketching	
December	19	Collection and Organisation of Data (Mode)	Activity No. 17A	I	Sketching	
<b>REVISION AND PT - 3</b>						
<b>PT - 3</b>						
January	22	Unitary Method, Profit and Loss, Mensuration, Construction, Reflection and Rotational Symmetry	Activity No. 17B	J	Role Play	Applies algorithm to calculate Profit & Loss To develop Geometrical idea
February	24	Properties of Triangles, Congruence	.....		Flyer Art	
<b>ANNUAL EXAM</b>						
March	25	-----	-----		-----	-----

**Portion for PT-1 : SL NO. : A, B, C**  
**Portion for Half Yearly Exam : SL NO. : A, B, C, D, E**  
**Portion for PT-3 : SL NO. : F, G, H, I and Algebraic Expressions, Lines & Angles**  
**Portion for Annual Exam : SL NO. : F to J and Linear Equations in one variables, Percentage**

## SUBJECT - SCIENCE

**Text Book :** SCIENCE TEXTBOOK FOR CLASS VII, NCERT

**Ref. Book :** PRACHI SCIENCE - 7

MONTH	W.D.	COURSE CONTENT	Sl. No.	ARTS INTEGRATED ACTIVITY	LEARNING OUTCOMES
April	21	P : Heat C : Acids, Bases & Salts B : Nutrition in Plants	A	Drawing diagrams to show photosynthesis	To get the concept of photosynthesis and different modes of nutrition in plants
May	12	P : Heat C : Acids, Bases & Salts B : Nutrition in Plants	B	Making a chart of Name of acid and the substance in which it is found	To get to know about different acids, bases & salts and different indicators
June	13	P : Heat C : Acids, Bases & Salts B : Nutrition in Plants	C	Making a chart on Land and Sea Breeze	To get the concept of how to measure temperature, different thermometers and transfer of Heat
<b>REVISION AND PT - 1</b>					
<b>PT - 1</b>					
July	24	P : Motion and Time C : Physical and Chemical Changes B : Nutrition in Animals	D	Making a chart on different types of teeth in humans.	To have a knowledge of the role of teeth in digestion in humans.
August	23	P : Motion and Time C : Physical and Chemical Changes B : Respiration in Organisms	E	Making a Table and recording the breathing Rate under different conditions	To have a knowledge of the types of respiration and breathing in other Animals
<b>HALF YEARLY EXAM</b>					
September	25	P : Electric Current and its Effects C : Waste Water Story B : Forests : Our Lifeline	F	Making a poster on 'What would happen if forests disappear.'	To have a concept of the result of disappearance of forests.
October	16	P : Electric Current and its Effects C : Waste Water Story B : Forests : Our Lifeline	G	Making a model of an electric circuit with a switch	To develop the concept of symbols of electric components, parts of electric circuit, electromagnet and electric bell
November	20	P : Electric Current and its Effects C : Waste Water Story B : Transportation in Animals and Plants	H	Drawing the schematic diagram of circulation	To gain the knowledge of components of blood, blood vessels, Heart & Excretory system in humans



MONTH	W.D.	COURSE CONTENT	Sl. No.	ARTS INTEGRATED ACTIVITY	LEARNING OUTCOMES
December	19	P : Light (till Article 15.3 - Right or Left for PT-3) C : Waste Water Story B : Transportation in Animals and Plants (Till Article 11.1 - Circulatory System - for PT-3)	I	Making a chart on good sanitation practices.	To realise our responsibilities in maintaining a healthy environment.
		REVISION AND PT - 3			
January	22	PT - 3			
		P : Light C : Waste Water Story (Revision) B : Reproduction in Plants	J	Making a chart on various types of vegetative propagation	To gain the knowledge on types of reproduction, sexual reproduction in plants
February	24	REVISION			
		IA / ANNUAL EXAM			
March	25	-----		-----	-----

**Portion for PT-1 : SL NO. : A, B, C**  
**Portion for Half Yearly Exam : SL NO. : A, B, C, D, E**  
**Portion for PT-3 : SL NO. : F, G, H, I & Nutrition in Plants**  
**Portion for Annual Exam : SL NO. : F to J and Acids, Bases and Salts**

## SUBJECT - SCIENCE CLUB

MONTH	W.D.	COURSE CONTENT
April	21	To draw the diagram of Land and Sea Breeze on A4 size paper
May	12	To make a table on Names of different Acids, Effect on litmus paper, Effect on turmeric paper and China rose solution
June	13	To make a chart on Insectivorous plants
July	24	To make a pie chart showing composition of air
August	23	To make a chart on adaptation in polar regions and tropical rain forests
September	25	To draw the diagram of Electric Circuit
October	16	To draw the soil profile on A4 size paper with proper labels
November	20	To make a table on A4 size paper with name and pulse per minute, then take the record of pulse per minute of any 5 students in the class.
December	19	To draw the diagram of Water Cycle with proper labels, on A4 size paper
January	22	To paste pictures of different forest products on an A4 size paper and name them
February	24	.....
		.....
March	25	.....

## SUBJECT - SOCIAL SCIENCE

**Text Book :** Our World Then and Now Book 2 For Class 7

MONTH	W.D.	COURSE CONTENT	ACTIVITY	Sl. No.	ARTS INTEGRATED ACTIVITY	LEARNING OUTCOMES
April	21	Hist. – Kings and Kingdoms of the Early Medieval Period Civics – Democracy and Equality Geog. – The Earth's Structure and Landforms	Hist. – Map pointing (Kings and Kingdoms of the Early Medieval Period)	A	PPTs Slide show	Will be able to know the significance of equality in democracy. Will learn to analyse socio-political and economic changes during medieval period in order to compare it with present day. Will have the knowledge about the structure of the Earth and formation of different kinds of rocks.
May	12	Civics – State Government : The Legislature Geog. – The Earth's Structure and Landforms	-----	B	Sketching	Will be able to know the importance of political institutions and the structure of our government. Will be able to identify major layers of the Earth's interior in order to construct a scientific explanation.
June	13	Civics – State Government : The Executive (Not to be included in PT-1) Geog. – The Atmosphere (Not to be included in PT-1)	Hist. – Architecture as Power	C	Chart making Poster making	Students will be able to gain knowledge about the chapter by the process of 'Learning by Doing'
<b>REVISION AND PT - 1</b>						
<b>PT - 1</b>						
July	24	Hist. – The Delhi Sultans Civics – State Government : The Executive (Contd...) Geog. – The Atmosphere (Contd...)	Geog. – Water	D	Slide Show Sketching	Will be able to analyse administrative measures and strategies for military control adopted by different kingdoms. Will be able to explain the need for conservation of water through activities.
August	23	Hist. – The Mughal Empire Geog. – How Surface Landforms Change	Civics – Role of the State Government	E	Document making	Students will be able to connect the cities with the rulers and their contribution. Students learn about the need of MLA in the State Government through a project work.
<b>HALF YEARLY EXAM</b>						
September	25	Hist. – Religious Developments Civics – Gender and Inequalities Geog. – Settlement, Transport and Communication	Geog. – Diversity of Life on Earth	F	Chart making Poster making	Students will gain knowledge of the emergence of new religious ideas and movements. Will be able to identify woman achievers and their achievements in different fields.

MONTH	W.D.	COURSE CONTENT	ACTIVITY	Sl. No.	ARTS INTEGRATED ACTIVITY	LEARNING OUTCOMES
October	16	Hist. – Religious Developments (Contd...) Civics – Gender and Inequalities (Contd...) Geog. – Settlement, Transport and Communication (Contd...)	Arts Integrated Project (Gender and Inequalities)	G	Video PPT Chart making	Students will gain knowledge of the emergence of new religious ideas and movements. Will be able to identify woman achievers and their achievements in different fields.
November	20	Hist. – The Flowering of Regional Cultures Civics – Advertising (Evaluated only through work sheets) Geog. – Life in Deserts	Hist : Towns, Traders and Craftsmen	H	Poster making Slide shows	Students will gain knowledge of the emergence of new religions ideas and movements. Students will be able to analyse the factors that impact on species in the desert region.
December	19	Civics – The Media and Democracy (Only Project) Geog. – Life in tropical and sub-tropical region (Not to be included in PT-3)	Civics – The Media and Democracy (Project) Hist. – Mobile and Settled Communities	I	Sketching Chart Making	Students will be able to understand the importance and power of media in today's world and co-relate it. Will be able to analyse how the environment effects the living of any species.
		<b>REVISION AND PT - 3</b>				
January	22	<b>PT - 3</b>				
		Hist. – India in the Eighteenth Century Civics – Markets Around Us Geog. – Life in tropical and sub-tropical region (Contd...)	Hist. – Map work (India in the Eighteenth Century) Geog. – Life in Temperate Regions	J	Chart making Slide show	Students will be able to connect the events with their locations after the decline of the Mughals. They will also understand the process of manufacturing a commodity from a raw material till the final product. Will be able to analyse how the environment effects the living of any species.
February	24	<b>REVISION</b>				
		<b>ANNUAL EXAM</b>				
March	25	-----				-----

**Portion for PT-1 : Sl. No. – A, B, C**  
**Portion for Half Yearly Exam : Sl. No. – A, B, C, D, E**  
**Portion for PT-3 : Sl. No. – F, G, H, I and Some significant portion from**  
**Sl. No. – A to E (Hist. – The Delhi Sultans)**  
**Portion for Annual Exam : Sl. No. – F to J and 20% of Half Yearly**  
**(Sl. No. – A to E) (Geog. – The Earth's Structure and Landforms)**

## SUBJECT - L2 HINDI

**Text Books :** 1. पल्लव हिंदी पाठ्यपुस्तक (7)  
2. अनुपम हिंदी व्याकरण (7)  
3. बाल महाभारत कथा (NCERT)

MONTH	W.D.	COURSE CONTENT	Sl. No.	ARTS INTEGRATED ACTIVITY	LEARNING OUTCOMES
April	21	पल्लव - मेघ आए (कविता), अपराजिता, पेड़, पशु, मनुष्य व्याकरण - भाषा, व्याकरण और लिपि, लिंग, वचन, विपरीतार्थक शब्द महाभारत - पेज 1 से 20	A	संगीतमय विधि, कथा वाचन, अभिनय कला और चित्रात्मक विधि	अतिथि का स्वागत, पर्यावरण का महत्व, आत्मविश्वास, इच्छा शक्ति को विकसित करने की प्रेरणा
May	12	पल्लव - वीरों की पूजा (कविता) व्याकरण - पर्यायवाची शब्द, संज्ञा, सर्वनाम महाभारत - पेज 21 से 29	B	संगीतमय विधि और कथा वाचन	देशप्रेम, शब्द भंडार में वृद्धि नए शब्द बनाना, नए शब्द सीखने में दक्ष
June	13	महाभारत - पेज 30 से 40	C	कहानी कला	महाभारत की कथा का महत्व, समर्पण की भावना
<b>REVISION AND PT - 1</b>					
<b>PT - 1</b>					
July	24	पल्लव - हार की जीत, यथा राजा तथा प्रजा एक बूँद (कविता) व्याकरण - अनेकार्थक शब्द, उपसर्ग, प्रत्यय, विशेषण अनुच्छेद लेखन महाभारत - पेज 41 से 50	D	रोल पले और संगीतमय विधि स्लाइड शो और कथा वाचन	हृदय परिवर्तन, न्यायप्रिय तथा धर्म प्रिय होना, कर्तव्य का बोध, आशावादी होना शब्द-भंडार का ज्ञान, नए शब्द बनाना, व्याकरणिक ज्ञान
August	23	पल्लव - पंचायत व्याकरण - अपठित क्रिया, पत्र लेखन महाभारत - पेज 50 से 65	E	रोल पले और कहानी कला	शब्द निर्माण, माता-पिता की सेवा, पौराणिक कथा से सीख, व्याकरणिक ज्ञान तथा भाषा ज्ञान
<b>HALF YEARLY EXAM</b>					
September	25	पल्लव - मंत्र, राष्ट्रध्वजा महाभारत - पेज 66 से 75	F	अभिनय द्वारा और संगीतमय कला	कर्तव्य का पालन, राष्ट्र के प्रति सम्मान होगा

MONTH	W.D.	COURSE CONTENT	Sl. No.	ARTS INTEGRATED ACTIVITY	LEARNING OUTCOMES
October	16	पल्लव - बाललीला (कविता), रेखाचित्र (नीलकंठ) व्याकरण - मुहावरे, संधि, संवाद-लेखन महाभारत - पेज 76 से 87	G	संगीतमय कला और अभिनय द्वारा	कृष्ण के सौन्दर्य पर मोहित, भाषा ज्ञान, व्याकरणिक बोध
November	20	पल्लव - नंगे पैर, परिश्रम और विश्राम व्याकरण - वचन, काल, समास, शब्द-विचार, लिंग	H	कथा वाचन और रोल प्ले अभिनय द्वारा और कथा वाचन	परिश्रम का महत्व जीवन में, कर्तव्य-परायण, जीवन में लक्ष्य की ओर अग्रसर, शब्द-भंडार का ज्ञान, नए शब्द का ज्ञान
December	19	महाभारत - पेज 88 से 98 पल्लव - मेघ आए (कविता)	I	कहानी कला और संगीतमय विधि	महाभारत की कथा का महत्व, धर्म-अधर्म का ज्ञान
		<b>REVISION - PT - 3</b>			
January	22	<b>PT - 3</b>		J	जीवन में अपने लक्ष्य की प्राप्ति, व्याकरणिक ज्ञान, भाषा का ज्ञान
		पल्लव - अमृता शेरगिल व्याकरण - पत्र लेखन, अनुच्छेद लेखन, वचन, अपठित	रोल प्ले और चित्रात्मक विधि		
February	24	<b>REVISION</b>			
		<b>ANNUAL EXAM</b>			
March	25	-----		-----	-----

**Portion for PT-1 : Sl. No. : A, B, C**  
**Portion for Half Yearly Exam : Sl. No. : A, B, C, D, E**  
**Portion for PT-3 : Sl. No. : F, G, H, I and Some significant portions Sl. No. : A to E**  
**Portion for Annual Exam : Sl. No. : F to J and 20% of Half Yearly**  
**(Sl. No. : A to E) Covering significant topics.**

## SUBJECT - L2 BENGALI

**Text Book :** : সাহিত্য মুকুল (৭)  
**Grammar Book :** : ভাষা দিগন্ত (সপ্তম শ্রেণি)  
**Supplementary Reader Book :** গল্প সংগ্ৰহ (৭)

MONTH	W.D.	COURSE CONTENT	Sl. No.	ARTS INTEGRATED ACTIVITY	LEARNING OUTCOMES
April	21	গদ্য : রাজসিংহ পদ্য : অনন্দার আত্মপরিচয় সহায়ক পাঠ : মেজদিদি ব্যাকরণ : পূর্ণাঙ্গ ব্যঞ্জনসন্ধি, এককথায় প্রকাশ (অনুচিকীর্ষা-জিগীষা) পত্ররচনা, বিপরীত শব্দ (অধিক-ঠাভা)	A	নাটক উপস্থাপন আবৃত্তি পাঠ তালিকা প্রস্তুত	ঐতিহাসিক চরিত্র ও ঘটনা সম্পর্কে ধারণা লাভ মঙ্গলকাব্য সম্বন্ধে জ্ঞান লাভ পত্ররচনার মাধ্যমে লেখন দক্ষতা বৃদ্ধি শরৎ সাহিত্যের চরিত্র সম্বন্ধে নবজ্ঞান লাভ
May	12	গদ্য : মহাপ্রস্থান ব্যাকরণ : পত্র রচনা (আবেদন পত্র), বোধ পরীক্ষণ	B	চরিত্রে অভিনয় করা পত্র পাঠ	নাট্য উপস্থাপন দক্ষতা বৃদ্ধি পাবে
June	13	ব্যাকরণ : পূর্ণাঙ্গ ব্যঞ্জন সন্ধি অনুচ্ছেদ : মানব প্রেমিক বিবেকানন্দ	C	চার্ট তৈরী চরিত্রে অভিনয়	বিভিন্ন মনীষীদের সম্বন্ধে ধারণা লাভ
<b>REVISION AND PT - 1</b>					
<b>PT - 1</b>					
July	24	পদ্য : দীনদান সহায়ক পাঠ : স্মৃতিধরের বিস্মৃতি ব্যাকরণ : বিশেষ্য, বিশেষণ, সর্বনাম প্রকারভেদ অনুচ্ছেদ : ছাত্র জীবনে নিয়ম শৃঙ্খলা	D	আবৃত্তি পাঠ তালিকা প্রস্তুত স্লাইড প্রদর্শন	ছন্দ ও সুরের মাধ্যমে আবৃত্তি পাঠ ব্যাকরণের জ্ঞান সম্বন্ধে ধারণা লাভ স্লাইড প্রদর্শনের মাধ্যমে শিক্ষাদান কে আকর্ষণ করা
August	23	গদ্য : ঠেলাগাড়ি পদ্য : আমার বাড়ি ব্যাকরণ : বাগধারা (১-২০), বোধ পরীক্ষণ অনুচ্ছেদ : সংবাদ পত্র পাঠের গুরুত্ব	E	নাটক উপস্থাপন চিত্র অঙ্কন তালিকা প্রস্তুত	চরিত্র সম্বন্ধে ধারণা সুস্পষ্ট হবে চিত্র অঙ্কন দক্ষতা বৃদ্ধি পাবে গণমাধ্যমের বিশেষ গুরুত্ব সম্বন্ধে জানবে
<b>HALF YEARLY EXAM</b>					
September	25	গদ্য : কালকেতু ও ফুল্লরার উপাখ্যান	F	চরিত্রে অভিনয়	মঙ্গলকাব্যের সম্বন্ধে নতুন জ্ঞান লাভ

MONTH	W.D.	COURSE CONTENT	Sl. No.	ARTS INTEGRATED ACTIVITY	LEARNING OUTCOMES
October	16	পদ্য : অপরাজিতা সহায়ক পাঠ : জলসত্র ব্যাকরণ : কারক বিভক্তি ও অনুসর্গ	G	আবৃত্তি চিত্র অঙ্কন তালিকা প্রস্তুত	আবৃত্তি পাঠে দক্ষতা বৃদ্ধি চিত্রের সাথে গদ্যপাঠের তুলনা মূলক আলোচনা কারক সম্বন্ধে বিস্তারিত জ্ঞানলাভ
November	20	গদ্য : নীল বিদ্রোহের কথা ব্যাকরণ : সমার্থক শব্দ অনুচ্ছেদ : জনসংখ্যা বৃদ্ধি ও পরিবেশ সমস্যা পদ্য : সাম্যবাদী	H	চরিত্রে অভিনয় তালিকা প্রস্তুত আবৃত্তি	ঐতিহাসিক ঘটনা সম্বন্ধে আগ্রহ তৈরী চরিত্রে অভিনয়ের সাথে আবৃত্তি পাঠ
December	19	সহায়ক পাঠ : হারাধনের দুঃখ অনুচ্ছেদ : গাছের গুরুত্ব	I	চরিত্রে অভিনয় চিত্র অঙ্কন	অভিনয় দক্ষতা বৃদ্ধি পাবে চিত্রাঙ্কন দক্ষতার উন্নতি
		<b>REVISION – PT - 3</b>			
January	22	<b>PT - 3</b>			
		গদ্য : লালু পদ্য : আবার আসিব ফিরে ব্যাকরণ : প্রায় সমোচ্চারিত ভিন্নার্থক শব্দ (অর্ঘ্য-আলো) পত্ররচনা (আবেদন পত্র) অনুচ্ছেদ : দৈনন্দিন জীবনে জলের গুরুত্ব	J	চরিত্রে অভিনয় আবৃত্তি পাঠ পত্র পাঠ স্লাইড প্রদর্শন	সাহিত্যের বিভিন্ন চরিত্রের সাথে সম্পর্ক স্থাপন ছন্দ ও সুরের মাধ্যমে আবৃত্তি পাঠ, স্লাইড প্রদর্শনের মাধ্যমে পাঠ বিষয় উপস্থাপন
February	24	<b>REVISION</b>			
		<b>IA / ANNUAL EXAM</b>			
March	25	-----		-----	-----

**Portion for PT-1 : SL NO. : A, B, C**  
**Portion for Half Yearly Exam : SL NO. : A, B, C, D, E**  
**Portion for PT-3 : SL NO. : F, G, H, I and বাগধারা**  
**Portion for Annual Exam : SL NO. : F to J and ব্যঞ্জনসন্ধি**



## SUBJECT - L3 SANSKRIT

Text Book : रुचिरा द्वितीयो भागः

MONTH	W.D.	COURSE CONTENT	Sl. No.	ARTS INTEGRATED ACTIVITY	LEARNING OUTCOMES
April	21	(L - 1, 2, 3) सुभाषितानि, दुर्बद्धिः विनश्यति, स्वावलम्बनम्। शब्दरूपाणि - तत्, एतत्, 'पुं.-स्त्री.' धातुरूपाणि - कृ, वस्, लट्, लृट्, लङ् लकारे। अपठित गद्यांशः। ASL - वर्णविचारः	A	अनवसरे भाषणेन कथं सर्वनाशः भवतीति दर्शितम्।	क्वचित् मौनं कार्यं साधकम् भवति।
May	12	(L - 3, 4) स्वावलम्बनम्, हास्यबालकविसम्मेलनम् पत्रलेखनम्, शब्दरूप - किम् (पुं.-स्त्री.) ASL - कारकम्	B	परान्नं दुर्लभं लोके शरीराणि पुनःपुनः	यावज्जीवेत सुखं जीवेद् ऋणं कृत्वा घृतं पिबेत्।
June	13	हास्यबालकविसम्मेलनम्। अपठित गद्यांशः, पत्रलेखनम् ASL - शब्दरूपम्।	C	रचनात्मक कार्यस्य ज्ञानम्।	चिन्तन कौशलम्।
		<b>REVISION AND PT - 1</b>			
July	24	<b>PT - 1</b>			
		(L - 5, 6, 7) पण्डिता रमाबाई*, सदाचारः, सङ्कल्पः सिद्धिदायकः। कारकम् (केवलम् पठनाय), चित्रवर्णनम्। ASL - काव्यपाठः	D	स्त्रीशिक्षायाः स्थितिः चिन्तनीयाः।	नारीणां सम्मानाय शिक्षायै यत्नः करणीयः।
August	23	(L - 7, 8) सङ्कल्पः सिद्धिदायकः, त्रिवर्णः ध्वजः। पत्रलेखनम्, अपठित गद्यांशः, चित्रवर्णनम्। शब्दरूप - नदी। धातुरूप - दृश्, स्था- लट् से लङ्लकार तक ASL - श्लोकगायनम्	E	राष्ट्र ध्वजस्य महत्त्वम्	सर्वेषाम् जनानां ध्वजारोहणं करणीया।
September	25	<b>HALF YEARLY EXAM</b>			
		(L - 9) अहमपि विद्यालयं गमिष्यामि। अपठित गद्यांशः, शब्दरूपाणि - मति, नदी	F	उदारचरितानां चरित्रचित्रणं	बन्धु कः इति ज्ञानम्
October	16	(L - 10, 11) विश्वबन्धुत्वम्, समवायो हि दुर्जयः पत्रलेखनम्, धातुरूप - दृश्, स्था - लट् से लङ्-लकारतः। ASL - धातुरूपाणि	G	उदारचरितानां तु वसुधैव कुटुम्बकम्	संसारे सर्वत्र शत्रुतायाः हिंसायाः च भावना त्याज्या।

MONTH	W.D.	COURSE CONTENT	Sl. No.	ARTS INTEGRATED ACTIVITY	LEARNING OUTCOMES
November	20	(L - 12, 13, 14) विद्याधनम्, अमृतम् संस्कृतम्, अनारिकायाः जिज्ञासा। शब्दरूप - पितृ, वारि ASL - कारकम्	H	विद्याधनं सर्वधनप्रधानम्	विद्या राजसु पूज्यते नहि धनं विद्याविहीनं पशुः।
December	19	(L - 14) अनारिकायाः जिज्ञासा। अपठित गद्यांशः, पत्रलेखनम् ASL - काव्यपाठः	I	सर्वजनान् जिज्ञासु भवितव्यम्	जिज्ञासायाः महत्त्वम्
		<b>REVISION AND PT - 3</b>			
January	22	<b>PT - 3</b>			
		(L - 15) लालन गीतम्। पण्डिता रमाबाई। अपठित गद्यांशः, पत्रलेखनम्, चित्रवर्णनम्। धातुरूप - दृश्, स्था - लट् से लोट् लकारतः। शब्दरूपस्य अभ्यासः।	J	प्रकृतेः महत्त्वम्	प्रकृतिः सर्वेषाम् जीवानाम् जननी अस्ति।
February	24	<b>REVISION</b>			
		<b>ANNUAL EXAM</b>			
March	25	-----		-----	-----

**Portion for PT-1 : Sl. No. : A, B, C**  
**Portion for Half Yearly Exam : Sl. No. : A, B, C, D, E**  
**Portion for PT-3 : Sl. No. : F, G, H, I and Some significant portions Sl. No. : A to E**  
**Portion for Annual Exam : Sl. No. : F to J and 20% of Half Yearly**  
**(Sl. No. : A to E) Covering significant topics.**

## SUBJECT - COMPUTER SCIENCE

**Text Book :** LET'S MAGNIFY CYBERSPACE (7)

MONTH	W.D.	COURSE CONTENT	Sl. No.	ARTS INTEGRATED ACTIVITY	LEARNING OUTCOMES	
April	21	CH-3. Electronic Spreadsheet – MS Excel	A	Hands on experience through screen	Learn to use an excel sheet and perform calculations, create tables etc.	
May	12	CH-1. Computer Hardware	B	Hands on experience through screen	Know thoroughly about the internal and external parts of a computer	
June	13	CH-1. Computer Hardware (Contd...)	C	-- Do--	-- Do--	
		<b>REVISION AND PT - 1</b>				
July	24	<b>PT - 1</b>				
		CH-4. HTML Advanced Features	D	Hands on experience through screen	Learn about the various techniques to create a webpage	
August	23	CH-2. Number System – An Introduction CH-5. Ethics and Safety Measures in Computing	E	Hands on experience through screen	Be aware of the number system followed in computer science and the various conversions of the same Do's and Don'ts while using the internet	
September	25	<b>HALF YEARLY EXAM</b>				
		CH-9. Python Programming	F	Hands on experience through screen	Learn and Improve coding skills	
October	16	CH-9. Python Programming (Contd...) CH-8. Artificial Intelligence – Types and Application	G	Hands on experience through screen	Knowledge of AI system and their application in various sectors	
November	20	CH-8. Artificial Intelligence – Types and Application (Contd...)	H	-- Do--	-- Do--	
December	19	Revision	I	.....	.....	
		<b>REVISION AND PT - 3</b>				
January	22	<b>PT - 3</b>				
		CH-6. Database – Introduction to MS Access CH-7. Computer Virus	J	.....	Learn to create tables, forms, macros etc. using MS Access Be aware of the various viruses and ways of prevention	
February	24	<b>REVISION</b>				
		<b>ANNUAL EXAM</b>				
March	25	-----		-----	-----	

**Portion for PT-1 : SL NO. : A, B, C**

**Portion for Half Yearly Exam : SL NO. : A, B, C, D, E**

**Portion for PT-3 : SL NO. : F, G, H, I & Ch. - 3**

**Portion for Annual Exam : SL NO. : F to J and Ch. - 1 & Ch. - 4**

# SUBJECT - COMPUTER SCIENCE PRACTICAL

**Text Book :** LET'S MAGNIFY CYBERSPACE (7)

MONTH	W.D.	COURSE CONTENT	LEARNING OUTCOMES
April	21	Exp. 1 : Create a table in MS Excel and calculate the total income of 10 employees and their average income	Table creation and various other operations to perform using formulas and functions
May	12	Exp. 2 : Create a student's Table in MS Excel. Calculate the total and average marks of 5 subjects	Table creation and various other operations to perform using formulas and functions
June	13	Exp. 3 : Create a Product table in MS Excel to calculate profit/loss	Table creation and various other operations to perform using formulas and functions
July	24	<b>HALF YEARLY PRACTICAL</b>	
		Exp. 4 : Create a simple webpage using HTML tags and attributes	Creation of webpages using various tags and attributes
August	23	Exp. 5 : Create a webpage on 'Say No to Plastic'	Creation of webpages using various tags and attributes
September	25	Exp. 6 : Create a webpage on 'Computer and its advantages'	Creation of webpages using various tags and attributes
October	16	Exp. 7 : Write a program in Python and add subtract and multiply two numbers	Using correct and proper codes for performing the program
November	20	Exp. 8 : Write a program in Python to calculate the Area of a Triangle	Using correct and proper codes for performing the program
December	19	Exp. 9 : Write a program in Python to check if a number of Odd or Even	Using correct and proper codes for performing the program
January	22	Exp. 10 : Create a Student Table in MS Access in design view	Table creation and various other operations
		<b>ANNUAL EXAM PRACTICAL</b>	
February	24	<b>ANNUAL EXAM PRACTICAL</b>	-----
March	25	-----	-----

## SUBJECT - ART EDUCATION

MONTH	W.D.	COURSE CONTENT	ARTS INTEGRATED ACTIVITY	LEARNING OUTCOMES
April	21	Collage Making	Exhibition	To express ideas built on their observational skills and awareness of colour
May	12	Collage Making	Exhibition	To express ideas built on their observational skills and awareness of colour
June	13	Ice cream sticks	Craft exhibition	To express ideas built on their observational skills and awareness of colour
July	24	Wall hanging using egg tray	.....	Analyze, synthesize and utilize design
August	23	Decoration of earthen pot	Model Making & Exhibition	Analyse, synthesize and utilize design
September	25	<b>HALF YEARLY EXAM</b>		
		Decoration of earthen pot	Model Making & Exhibition	Analyse, synthesize and utilize design
October	16	Wall Hanging – Face of Maa Durga	Art exhibition	Analyse, synthesize and utilize design
November	20	Plastic bottle flower vase	Model Making & Exhibition	To experiment, invent and create their own work.
December	19	Newspaper work	Model Making & Exhibition	To experiment, invent and create their own work.
January	22	Card Making	Exhibition	Analyse, synthesize and utilize design
February	24	<b>ANNUAL EXAM</b>		
March	25	-----	-----	-----

## SUBJECT - MORAL VALUES

**Text Book :** TREASURES OF LIFE - BOOK - 7

MONTH	W.D.	COURSE CONTENT	LEARNING OUTCOMES
April	21	Ch. 1 : Habits of Life Ch. 2 : Weakness of Life	Learn to participate in activities that demonstrate healthy life Acquire uprightedness in character
May	12	Ch. 3 : Catalyst of Life Ch. 4 : Power of Life	Strengthened interpersonal relationships Learn the art of discretion when dealing with liability. Suitability or matters of confidentiality
June	13	Ch. 5 : Triumph of Human Spirit Ch. 6 : Olympism – Celebrating Humanity	Empathy, Learn to recognise the unique potential of sport as an educational and communication tool
July	24	Ch. 7 : Heroes Never Die Ch. 8 : Sacrifice	Learn the importance of forfeiting for a better cause
August	23	Ch. 9 : Leadership Ch. 10 : Dedication fulfills Ambition	Learn to be confident in standing up for what is right. Learn to imbibe zeal until the goal is reached
September	25	Ch. 11 : Spirit of Enquiry	Instil curiosity as a tool to know the unknown and to see the unseen
October	16	Ch. 12 : Prudence and Tact	Learn to solve problems cautiously and considerably
November	20	Ch. 13 : Equality and Fellowship Ch. 14 : Charity and Service	Learn to render holistic equality To grip the flair or welfare and offering
December	19	Ch. 15 : Unicef – A light in the darkness	To know the value of life they have and to generate empathy for deprived children
January	22	Ch. 16 : Save Nature	Will learn to appreciate the significance of consequentialist ethics in conversations around developing care for nature
February	24	-----	-----
March	25	-----	-----

## SUBJECT - HPE (S1 - GAMES/SPORTS)

MONTH	W.D.	COURSE CONTENT	LEARNING OUTCOMES
April	21	Athletic – Running Team Game – Kabaddi	Physical fitness & Team Spirit
May	12	Athletic – Standing Broad Jump Team Game – Cricket	Knowledge of Game Rules Healthy Body
June	13	Athletic – Long Jump Team Game – Basketball	Knowledge of Game Rules
July	24	Athletic – Running Team Game – Football	Motor Movement & Team Spirit
August	23	Athletic – Long Jump Team Game – Volleyball	Team Sprit & Sportsmanship
September	25	<b>HALF YEARLY EXAM</b>	
		Athletic – Running Team Game – Badminton	Values of Physical Fitness
October	16	Athletic – Standing Broad Jump Team Game – Kho-Kho	Students will learn to play in a team
November	20	Athletic – Running Team Game – Cricket	To Co-operate and follow instructions
December	19	Athletic – Standing Broad Jump Team Game – Football	Develop Team Spirit
January	22	Team Game – Cricket (Boys) Throw Ball (Girls)	Develop Team Spirit, Physical Fitness
February	24	<b>ANNUAL EXAM</b>	
March	25	-----	

## SUBJECT - HPE (S2 - HEALTH & FITNESS)

MONTH	W.D.	COURSE CONTENT	LEARNING OUTCOMES
April	21	Jogging/Running Freehand Exercise (Boys/Girls)	Knowledge of Physical Fitness
May	12	Gym Machine : Workout Collaboration (Boys/Girls)	Values of Physical Fitness
June	13	Practice Asanas (Boys/Girls)	Improved Concentration
July	24	Skipping Stair Training (Boys/Girls)	Physical Fitness & Motor Development
August	21	Practice Asanas (Boys/Girls)	Improved Concentration
September	25	<b>HALF YEARLY EXAM</b>	
		Calisthenics Cycling (Boys/Girls)	Physical Fitness
October	16	Burpees, Freehand Exercise, Breathing Exercise (Boys/Girls)	Physical & Mental Fitness
November	20	Box Jump, Gym Machine Workout, Freehand (Boys/Girls)	Physical Fitness
December	19	Practice Asanas, Cross Country Run, Riding Your Bicycle Outside (Boys/Girls)	Physical & Mental Fitness
January	22	Team Game - Cricket (Boys) Throwball (Girls)	Team Spirit, Physical Fitness & Sportsmanship
February	24	<b>ANNUAL EXAM</b>	
March	25	-----	



## SUBJECT - S3 - SEWA

MONTH	W.D.	COURSE CONTENT	ARTS INTEGRATED ACTIVITY	LEARNING OUTCOMES
April	21	Project : Swachh Vidyalaya	Poster Making	Students learn – to promote safe and appropriate hygiene practices in schools and behaviour among children
May	12	Project : Participation in Adult Literacy Programmes	Skit	Students learn – to impart not only foundational literacy and numeracy but also to cover the critical life skills
June	13	Project : Save Water Save Life	Painting	Students learn – that life without water is impossible. With every little drop, a day less to live on Earth
July	24	Project : Tree Plantation	Tree plantation	Students learn – the value of environment, benefits of trees, beautification in and around the school
August	23	Project : First Aid	First Aid Box	Students learn – to administer first aid to an adult casualty who is choking, to an adult casualty who is wounded and bleeding
September	25	Project : Care for Homeless children	Visit any slum area	Students learn – to donate basic items, cook and serve a meal, a simple smile
October	16	Project : Care for Homeless children (Contd...)	Visit any slum area	Students learn – to donate basic items, cook and serve a meal, a simple smile
November	20	Project : Being safe & Responsible	Role Play	Students learn – to present injuries, illness and sufferings. To become confident, solve more problems, improve decision making.
December	19	Project : 3R's (Reduce, Recycle, Reuse)	Document making	Students learn – how to use a thing which one thought of throwing in the garbage
January	22	Project : 3R's (Reduce, Recycle, Reuse) (Contd...)	Document making	Students learn – how to use a thing which one thought of throwing in the garbage
February	24	-----		
March	25	-----	-----	-----

## SUBJECT - HPE (S4 - HEALTH & ACTIVITY RECORD)

MONTH	W.D.	COURSE CONTENT
April	21	Issue of Health and Activity Card
May	12	Motivational Speech
June	13	Motivational Speech Behavioural and Life Skills
July	24	Discussion on Eminent Personalities Motivational Speech
August	23	Discussion on Eminent Personalities
September	25	Meditation Motivational Speech
October	16	Meditation Motivational Speech
November	20	Meditation
December	19	Motivational Speech
January	22	Meditation
February	24	----- -----
March	25	-----

## SUBJECT - HEALTH EDUCATION

**Text Book :**

MONTH	W.D.	COURSE CONTENT	ARTS INTEGRATED ACTIVITY	LEARNING OUTCOMES
April	21	The Process of Growing Up	Slide show PPTs	Importance of a fit body
May	12	Myths and misconception regarding growing up.	Slide Shows PPTs	True knowledge of growing up
June	13	Sexual Abuse Concept of body image	Document Making Slide Shows PPTs	Improved Awareness
July	24	Motor Skill Vector born diseases	Slide Shows PPTs Document Making	Improved Awareness
August	23	Environmental Pollution and Health	Poster Making	Knowledge of Environment Pollution & its effects on health
September	25	Food and Nutrition Balanced Diet	Poster Making	Knowledge of Balanced Diet
October	16	Community Health	Slide Show PPTs	Knowledge of health
November	20	Peer and social pressure Behavioural and life skill	Slide Show PPTs	Improved Awareness
December	19	Adapting to situations and changes Behavioural and life skill	Documenting	Development of personality & knowledge about life skills
January	22	Positive use of leisure time Government Health Services	Slide Shows PPTs Document Making	Importance of time
February	24	-----		
		-----		
March	25	-----	-----	

## SUBJECT - FIRST AID

MONTH	W.D.	COURSE CONTENT	ARTS INTEGRATED ACTIVITY	LEARNING OUTCOMES
April	21	Introduction to first aid and Emergency	Free Talks	Preserving life, preventing injury from getting worse, and aiding recovery
May	12	Basic life support and Resuscitation	Free Talks Story Telling	Preserving life, preventing injury from getting worse, and aiding recovery
June	13	Common Emergencies and their Management	Slide Show PPT	Assess situations and circumstances in order to provide First Aid safely, promptly and effectively
July	24	Wound and Haemorrhage	Slide Show PPT	Recognise an emergency situation
August	23	Effect of Heat and Cold, sun stroke, sun burn, snow blindness, frost-bite	Free Talks Story Telling	Assess situations and circumstances in order to provide First Aid safely, promptly and effectively
September	25	Common injuries	Slide Show PPT	Assess situations and circumstances in order to provide First Aid safely, promptly and effectively
October	16	Injury to the bones and joints	Slide Show PPT	Recognise an emergency situation
November	20	Dressing and Bandages	Slide Show PPT	Recognise an emergency situation
December	19	Disaster Preparedness	Slide Show PPT	Assess situations and circumstances in order to provide First Aid safely, promptly and effectively
January	22	Making a first aid box	Slide Show PPT	Learn basic components of First-aid box
February	24	Miscellaneous conditions (Fever, Headache) -----	Free Talks Story Telling	Assess situations and circumstances in order to provide First Aid safely, promptly and effectively
March	25	-----		

## SUBJECT - PAINTING

**Text Book :** MY RED BRUSH BOOK NO. - 6

MONTH	W.D.	COURSE CONTENT	ARTS INTEGRATED ACTIVITY	LEARNING OUTCOMES
April	21	Page No. (8 – 15)	Composition (Exhibition)	Identify, evaluate and use research sources to discover and focus a thesis
May	12	Page No. (16 – 22)	Scenery	
June	13	Page No. (23 – 29)	Study object	
July	24	Page No. (30 – 36)	Scenery object	Study landscape
August	23	Page No. (37 – 43)	Different composition	
September	25	Page No. (44 – 50)	Different composition	
October	16	Page No. (51 – 52)	Portraits drawing	Students should be able to learn about self portrait
November	20	Page No. (53 – 57)	Portraits drawing	Students should be able to learn about self portrait
December	19	Page No. (58 – 64)	Life study	Improve observational skills
January	22	Page No. (65 – 72)	Landscape (Exhibition)	Explore and develop communication skills
February	24	-----		
March	25	-----	-----	-----

## SUBJECT - LIFE SKILLS

**Text Book :** MY CINEMA BOOK - 7

MONTH	W.D.	COURSE CONTENT	LEARNING OUTCOMES
April	21	Checkmate	Students will be aware of existing social evils such as gender inequality and realise that both boys and girls are equally capable of working in any given/chosen field.
May	12	The Hi-Fives	Students will learn the values of honesty and acceptance, importance of communication and to differentiate between right and wrong.
June	13	Toppers	Students will be motivated to never give up and be the best versions of themselves.
July	24	Size Perfect	Students will realise that every individual is unique, learn to build on one's talent and love oneself.
August	23	Man of the Match	Students realise that being responsible also means to take responsibilities and make choices that are in the best interest of everyone.
September	25	Too Cool for School	Students learn to stand up to peer pressure, say 'no' to what is wrong and voice their thoughts against bullying.
October	16	Rescued by You	Students will learn to be more compassionate towards animals as well as humans and take necessary steps to help others in their difficult times.
November	20	Little Miracles	Students learn to accept others for what they are, respect individual differences and be grateful to God for what they have.
December	19	Kendis	Students will be motivated to dream bigger, be ambitious, pursue their hobbies and continuously strive to achieve their goals.
January	22	Spellbound	Students learn the importance of time management and develop the skill of planning and chalking out a given task in advance for proper and on-time execution.
February	24	-----	
March	25	-----	----